



⚽ MR. JUAN CRUZ ANSELM
⚽ FITNESS FOOTBALL TRAINER

PROFESSOR JUAN CRUZ ANSELMINI



PROFESSIONAL EXPERIENCE AS COORDINATOR AND FITNESS SOCCER TRAINER

- ❖ PERIOD 2014-2012
DIRECTOR OF TECHNICAL AND FITNESS TRAINING DEPARTMENT,
YOUTH SOCCER CLUB ATLETICO INDEPENDIENTE (ARGENTINA)
- ❖ PERIOD 2011
STUDY OF INVESTIGATION OF THE SOCCER TRAINING
F.I.G.C. (ITALIA)
- ❖ PERIOD 2010- 2005
DIRECTOR OF TECHNICAL AND FITNESS TRAINING DEPARTMENT,
YOUTH SOCCER CLUB ATLETICO INDEPENDIENTE (ARG.)
- ❖ THEORETICAL AND PRACTICAL EXPERIENCES
BAYER 04 LEVERKUSEN (ALEMANIA)
- ❖ PERIOD 2005-2002 - FITNESS TRAINER YOUTH SOCCER
CLUB ATLETICO SAN LORENZO DE ALMAGRO (ARG.)
- ❖ PERIOD 2001-1998 - FITNESS TRAINER YOUTH YOUNG SOCCER
CLUB ATLETICO INDEPENDIENTE (ARGENTINA)



- ❖ 9 SEASONS DIRECTOR OF FITNESS TRAINING DEPARTMENT CAI
- ❖ 5 SEASONS FITNESS SOCCER TRAINER RESERVE TEAM CAI
- ❖ 4 SEASONS FITNESS SOCCER TRAINER FIRST DIVISION TEAM CAI
- ❖ 17 SEASONS OF CONSTANT WORK IN THE SOCCER

PROFESSOR JUAN CRUZ ANSEMI

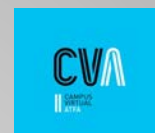


**ACADEMIC AND EDUCATIONAL ACTIVITIES
 SPORTS PUBLISHED MATERIAL ACTIVIDADES ACADEMICAS**

❖ PROFESSOR OF INTERNATIONAL COURSE OF FOOTBALL COACHES, CAMPUS VIRTUAL ATFA (ASOCIACION TECNICOS FUTBOL ARGENTINO) 2007-2014



❖ AUTHOR VIDEO "METODOLOGÍA DE ENTRENAMIENTO INFANTO-JUVENIL" (ATFA-CAI) 2009-2010



❖ GUEST LIKE SPEAKER IN CONGRESSES AND SYMPOSIUMS OF THE FEDERAZIONE ITALIANA GIUOCO CALCIO (F.I.G.C.)



❖ CREATOR OF THE TEST TRENM : "TEST RESISTENCIA A ESFUERZOS NEUROMUSCULARES MAXIMOS" .2008

❖ AUTHOR OF THE BOOK : "PROCESO FORMATIVO DEL FUTBOLISTA INFANTIL Y JUVENIL HASTA EL FUTBOL PROFESIONAL". 2014



❖ CO-FOUNDER OF THE CENTER OF FORMATION AND TRAINING "NEURO-FUTBOL" 2014



❖ PROFESSOR SPEAKER IN SYMPOSIUMS AND COURSES OF THE ASOCIACION PREPARADORES FISICOS FUTBOL ARGENTINO (APEFFA)



- **PROFESSOR JUAN CRUZ ANSELMI**



- **SOME YOUTH FOOTBALL PLAYERS TRAINED AND FORMED IN CLUB ATLETICO SAN LORENZO DE ALMAGRO (ARGENTINA)**

- ZABALETA PABLO (MANCHESTER CITY, INGLATERRA)
- BOTTINELLI JOHNATAN (UNIVERSIDAD CATOLICA, CHILE)
- RODRIGUEZ GONZALO (FIORENTINA, ITALIA)
- BARRIENTOS PABLO (CATANIA, ITALIA)
- ORTIZ JORGE (ARSENAL, ARGENTINA)
- MONTILLO WALTER (CRUZEIRO, BRASIL)
- BOTTINELLI, DARIO (UNIVERSIDAD CATOLICA, CHILE)
- ULLOA LEONARDO (LEICESTER CITY, INGLATERRA)

- **SOME YOUTH FOOTBALL PLAYERS TRAINED AND FORMED IN CLUB ATLETICO INDEPENDIENTE (ARGENTINA)**

- AGÜERO SERIO (MANCHESTER CITY, INGLATERRA)
- USTARI OSCAR (NEWELL'S ROSARIO)
- CALELLO ADRIAN (CATANIA, ITALIA)
- MANCUELLO FEDERICO (INDEPENDIENTE, ARGENTINA)
- SOSA ISMAEL (GAZIANTEPSOR, TURQUIA)
- MARTINEZ DAMIAN (ARSENAL, INGLATERRA)
- GABBARINI ADRIAN (ARGENTINOS JUNIORS, ARGENTINA)
- ASSMAN FABIAN (MERIDA, MEXICO)
- RODRIGUEZ DIEGO (INDEPENDIENTE, ARGENTINA)
- MATHEU CARLOS (SIENA, ITALIA)
- GALEANO LEONEL (MALLORCA, ESPAÑA)
- VELAZQUEZ JULIAN (INDEPENDIENTE ARGENTINA)
- FREDES HERNAN (ARSENAL, ARGENTINA)
- GODOY FERNANDO (PANETOLIKOS, GRECIA)
- RODRIGUEZ PATRICIO (SANTOS, BRASIL)
- BELLOCQ FRANCO (INDEPENDIENTE, ARGENTINA)

- **SOME PROFESSIONAL FOOTBALL PLAYERS TRAINED IN CLUB ATLETICO INDEPENDIENTE (ARGENTINA)**

- MONTENEGRO DANIEL (INDEPENDIENTE, ARGENTINA)
- NAVARRO MONTOYA, CARLOS (INDEPENDIENTE, ARGENTINA) retirado
- PUSINERI, LUCAS (INDEPENDIENTE, ARGENTINA) retirado
- DENIS GERMÁN (ATALANTA, ITALIA)